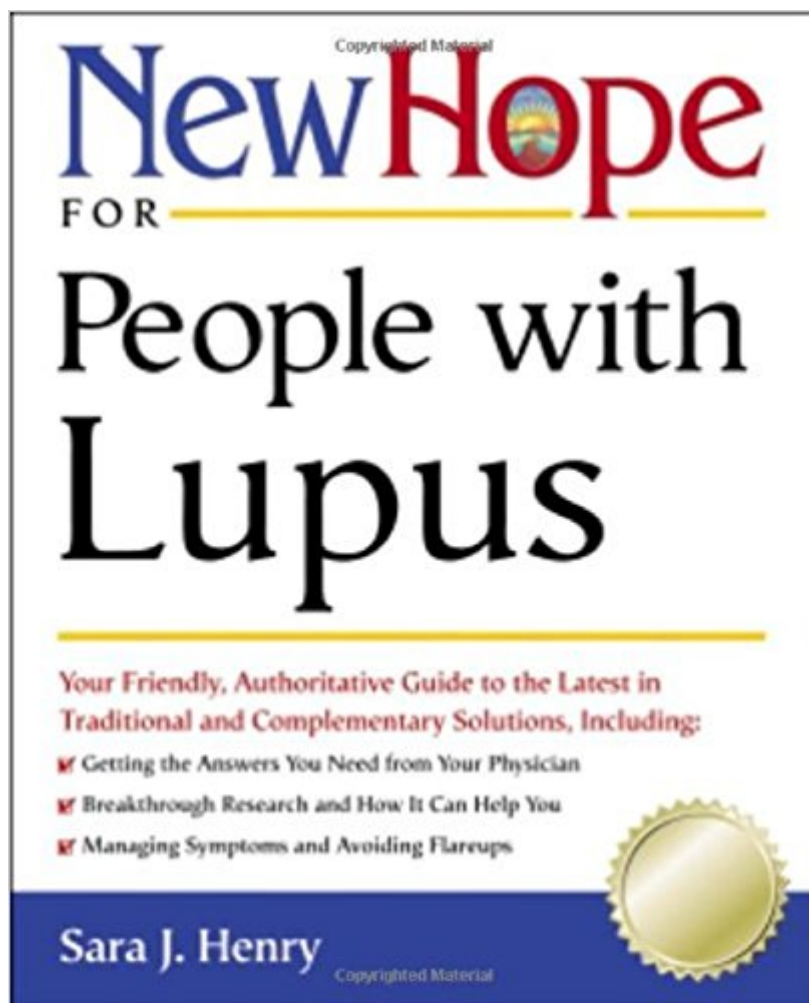




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# New Hope For People With Lupus: Your Friendly, Authoritive Guide To The Latest In Traditional And Complementary Solutions



## Synopsis

Discover Exciting New Ways to Manage Lupus Now you can take control of lupus and begin living a healthier, better life—today! This thoughtful, cutting-edge book can help you manage the flare-ups, symptoms, and side effects of lupus and put you back on the path to a more enjoyable, active lifestyle. Inside is compassionate, practical, and immediate guidance for anyone affected by lupus, including:

- Promising alternative therapies such as DHEA, essential fatty acids, and herbs
- Conventional drug treatments, including corticosteroids and antimalarials
- Easy methods to reduce stress and boost energy
- Important lifestyle requirements, such as diet and exercise
- And much, much more!

"A great resource for people with lupus, especially those recently diagnosed. New Hope for People with Lupus gives valuable and credible information about the many aspects of lupus which, as most of us know, can be very confusing."

—Gloria M. Spadaro, R.N., executive director, Lupus Foundation Inc. of New Jersey

Reading New Hope for People with Lupus helps you become a central player in the collaborative diagnostic and therapeutic process that is what medical care is all about. This book gives hope because there is hope, particularly after absorbing the pearls in this new partner in your medical care."

—From the Foreword by Stephen A. Paget, M.D.

## Book Information

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## Customer Reviews

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"Reading "New Hope for People with Lupus helps you become a central player in the collaborative diagnostic and therapeutic process that is what medical care is all about. This book gives hope because there is hope, particularly after absorbing the pearls in this new partner in your medical care."--From the Foreword by Stephen A. Paget, M.D.

I highly recommend this book for those who have recently been diagnosed with Lupus as well as informative for family members to better understand what Lupus patients experience. I found the book easy to read, informative, as well as keeping the focus on what Lupus patients should do to stay positive while living with this treatable though incurable disease.

If you are just diagnosed with Lupus, this is a good book for you. But if you are a long time patient. Really there is nothing new to learn. It was a good read but it didn't let me know anything I hadn't already learned elsewhere.

I've been dealing with lupus for many years now, have read many articles and multiple books, have endured and am enduring many medical procedures and am always looking for new information or a new way to think about having lupus. This might not be an innovative book, but it was immensely valuable in a way I wasn't expecting. It accurately detailed every step, every fallback, every triumph and every catastrophe I've faced in this process. None of the other books I've read have been so

true and so complete in presenting the possibilities of what has happened, what is happening now, and what to expect. Reading this has really focused my perceptions of what this disease can mean to me and what can be done to regain and maintain some control. I don't agree with all the methods and think some are downright airy, but there are many more options presented that sound reasoned and hopeful. If you have been looking for a book that provides a rock solid foundation of knowledge and understanding of lupus, this is it.

When I was diagnosed with Lupus I was overwhelmed. I had no clue or understanding of what to expect. I skimmed through a bunch of books, looking through the table of contents and was interested in what this book had to offer. I am so glad I picked it! I was given a clear understanding of what to expect and a explanation of why certain things were happening. 2 of my friends were diagnosed after me and I bought them this book. They were as lost as I was and were grateful to have it too. We all reference back to it from time to time. If you or anyone you know has Lupus, I would recommended this book as a Must Have.

Light weight, super sharp, looks great. fast shipping, Received as described. i love it so much, Received as described.

A good overall perspective on the various elements of Lupus and its effects. It is written in a reader-friendly style and easy to understand.

As a lupus sufferer who's read just about every book ever written on the subject, I found this to be the definitive book on a very complex subject. Digeronimo covers the realm of symptoms, treatments and complications thoroughly and with warmth and compassion. If you've just been diagnosed with lupus, or know someone who has it, this is the book for you! Congratulations to the author on a job well done.

This a good book for any Lupus patient. I have SLE and found this book inforamtive, but it is interlaced with optimism and cases of people who were able to reduce their symptoms. It has everything.. the basics, meds, alternative therapies, coping and relationships, tips on what to ask the doc. This is a good book.

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